Emerging
Academy Course Jan - March 2024

U11 / U13

## Overview

- A development course for u11/u13 cricketers running over the Winter period for 2023.The 10 - week sessions will run for 1 hour 30 minutes each week with a maximum of 20 students. We have an excellent team of experienced ECB Level 3 and 2 coaches with a focused cricket program to improve players cricketing fundamentals. The young cricketers on the program will need to be committed with a great attitude and desire to learning.


## Course content

- Batting skills sessions including playing against pace \& spin
- Technical \& Tactical Bowling - Fast \& spin bowling
- Fielding skills - all aspects


## Coaches

- From below
- Matt Homes - Level 3
- Tom Homes - Level 3
- Tom Deighton - Level 2
- Sam Hunt - Level 2


## Course dates/times <br> 1pm to 2.30 pm at Epsom College \& Therfield

1. $13^{\text {th }}$ January (T)
2. $20^{\text {th }}$ January ( T )
3. $27^{\text {th }}$ January (EC)
4. $3^{\text {rd }}$ February (T)
5. 10 ${ }^{\text {th }}$ February (EC)
6. $17^{\text {th }}$ February (EC)
7. $2^{\text {nd }}$ March (T)
8. $9^{\text {th }}$ March (EC)
9. 16 ${ }^{\text {th }}$ March (T)
10. $23{ }^{\text {rd }}$ March (EC )

## Course Cost

- £325

Contact: Matt Homes
Tel: 07984830412
Website: www.intouchcricket.co.uk
E-mail: matt@intouchcricket.co.uk

Please contact Matt to enquire about booking a place on the course

